



# LOIS JOY HOFMANN

AWARD-WINNING AUTHOR

MOTIVATIONAL SPEAKER

ADVENTURER

PHOTOGRAPHER

CIRCUMNAVIGATOR



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## ABOUT LOIS

**Lois Joy Hofmann**—now an author, motivational speaker, adventurer, photographer, and circumnavigator—has reimagined and reinvented her life several times. Embarking on an eight-year adventure at sea, this entrepreneur and former CEO discovered higher highs and lower lows than the rollercoaster world she came from.

Sailing around the world on a 43-foot catamaran propelled her out of the intense fields of human genetics and biomedical technology and into the thrills, dangers, and bliss of the cruising life. As she shares her passions with others, she inspires them to fulfill their own dreams, whatever they may be.

When not traveling, Lois resides in San Diego, California, and Balsam Lake, Wisconsin. Her author website is [www.LoisJoyHofmann.com](http://www.LoisJoyHofmann.com).





# THE LONG WAY BACK

A gripping conclusion to a grand adventure that took Lois and Günter Hofmann over 34,000 miles around the world on a 43-foot catamaran.

Filled with dangers, exotic cultures, and unexpected delights, this book completes the trilogy that begins with "Maiden Voyage" and continues with "Sailing the South Pacific." Through breathtaking photographs and riveting stories, Hofmann shares the thrills and challenges of sailing as well as those moments of bliss—so exquisitely serene that they seem otherworldly.

You'll sail along with Lois and Günter up the coast of Australia, through Indonesia, and on to Southeast Asia, across the Indian Ocean, through Pirate Alley and the Red Sea, and finally across the Med and back to France where their circumnavigation began—holding your breath when they encounter danger and cheering when they succeed. The perfect book for sailors (armchair or actual), adventurers, travelers, educators, and anyone who loves learning about other cultures, "The Long Way Back" will ignite a spark for pursuing your passions and living your dreams.



## AWARD-WINNING AUTHOR

**Lois Joy Hofmann** is the author of "Maiden Voyage" and "Sailing the South Pacific," the first and second book in a trilogy called "In Search of Adventure and Moments of Bliss." Both books won first place in the Travel category of the San Diego Book Awards: "Maiden Voyage" in 2011 and "Sailing the South Pacific" in 2013 .

Her stories have appeared in magazines such as Latitudes and Attitudes, Cruising World and Living Aboard. She has been a contributor to online magazines and blogs such as: Multihull Magazine, Yacht Blogs, Multihull newsletter, Top Dekk and The Log. Lois has been a keynote speaker for various organizations including: yacht clubs, optimist clubs, book stores and libraries.